

IHC Family Album

l Center in Roseland, New Jersey. Additional centers are under construction or development. Regional Health Services — based occupational health services, including WorkMed Regional Health Clinics in Salt Lake City, Ogden and Cincinnati, and site medical clinics in Salt Lake and Bay City, Texas; and national safety consulting services for business and industry. Practice Management, Inc., financial consulting and management for physicians.

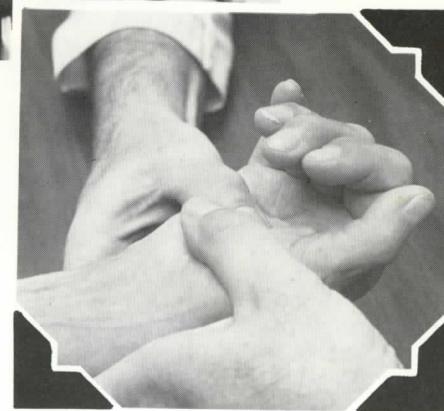


Reach out and touch someone. IHC Rehabilitation provides inpatient, outpatient and in-home physical therapy.

IHC Hospitals, Inc.

IHC Hospitals, overseer of the system's 23 hospitals, has developed several new services that help the system provide continuous, high quality care to patients who don't need to be hospitalized.

- IHC Home Health Agency, 1121 E. 3900 South, Salt Lake City — comprehensive home care, therapy and personal assistance.
- IHC Medical Equipment Leasing — leases equipment to IHC hospitals on a pay-when-used basis to help hospitals handle peak demand times.
- IHC Technical Services, 4425 S. 500 West, Murray, Utah — provides maintenance, repair and calibration of biomedical equipment and computer peripherals for IHC and non-IHC hospitals.
- IHC Laundry and Linen Services, 1180 W. 2600 South, Woods Cross.



IHC Affiliated Services, Inc.

IHC Affiliated Services was established to sell programs and services to institutions outside the IHC system. It is a tax-paying entity. ASI profits will be used to support mission activities.

- Management Information Systems — hospital software applications for IBM System/38 computers.
- Group Purchasing — more than 460 contracts for discounts on supplies, pharmaceuticals and capital equipment are available to participating facilities.
- Standard Costing — a computer system designed to determine exactly how much it costs to provide a specific service in a hospital, this program has been purchased by more than 40 hospitals across the nation.
- Food Services — Regional and national contracts for volume discount food purchases are available to health care institutions through this program, in addition to discount capital equipment contracts.
- MEDesign — is a joint venture with ASI and Conant Associates, a Salt Lake City-based interior design firm, offering design consultation and group purchasing for furniture and finishes to health care facilities.

IHC Equipment Services, Inc.



software developed in IHC Hospitals throughout the United States.

ers later, Sukhan sold two pigs on the farm in Oregon to ticket to Hawaii. There he received a bachelor's degree in science.

kids kissing by their school and turkey ksgiving — a culture awaited Sukhan in

he was accepted into the program of public administration at Young University in Provo, in 1980, he married the former Boley who, 13 months later, gave birth to their first son, Scott. "I began work on my PhD in sociology," says Sukhan with a smile. "I don't know how we made it those years... I was studying at home until 2:00 a.m. every night, a research assistant to a teaching sociology undergraduate during the day, trying to keep bills, keep bread on the table, go to school and still spend time with Scott. — of all the hard times I'd

gone through, that was the only time I considered quitting."

Sukhan leans back. His face relaxes. "But then on August 17, 1984, when I received my final diploma, I was the happiest man around. I'd made it — and it felt so-o-o good."

"Shortly after my graduation I received a message that my mother was very sick," says Sukhan, "I would need to see her now or never again." He flew home.

"Everyone was happy to see me. They wanted to touch me because I had fat on my body. Everyone kept coming



Sickle in hand, Sauan's 19-year-old niece, Siriwan, helps with the rice harvest.

IHC Medical Equipment and Supply, 620 E. 2100 South, Salt Lake City — offers durable medical equipment and supplies to the public.

- IHC Psychiatric and Behavioral Health Division — offers Dayspring chemical dependency treatment programs as well as inpatient and outpatient psychiatric programs for adults and adolescents.
- IHC Rehabilitation Services, 1121 E. 3900 South, Salt Lake City — provides occupational and physical therapy services at IHC and non-IHC facilities, and in patients' homes.
- IHC Servicar, 930 Jewell Ave., Salt Lake City — provides non-emergency transportation for the handicapped.

Utah — laundry services for hospitals, clinics and nursing homes.

The Brighton Consulting Group

The Brighton Consulting Group is a joint venture between IHC and American Health Development, a health care consulting firm based in California. Brighton Consulting serves primarily non-profit hospitals and health care systems.

up and feeling my fat throughout my whole trip. It is a sign of wealth to them," he says.

"Oh how things had changed. They still had no electricity or running water, but in place of the water buffalo were hand propelled plows. And my father had the only black and white TV in the village. It was run by a car battery. The schools were nice, big, concrete buildings with more teachers. The students had books and other teaching aids — and there was even a big school library. That made me happy.

"Motorcycles were now the peoples' source of transportation. In fact, the motorcycles were kept under the terrace where we used to keep the water buffalo.

"It was hard to see so many changes — but they were all for the better, and that was good. If there's one thing I've learned, it's not to take any situation for granted — good or bad — it will change."

What changes does Sukhan see for himself in the future? "My desire for education has already shifted to a desire to implement the knowledge I've acquired," he says. "It's most important to me now to learn and grow through my new work experiences as a medical research analyst for IHC and through

IHC Equipment Services was set up to handle equipment purchases to complement ASI products, specifically IBM System/38 Computer Hardware which is sold through a special agreement with IBM as part of a package with ASI software.

Please note: This list doesn't include new services and products being offered by IHC hospitals. Watch for those in a subsequent issue of *Insights*.

experiences with my family," he adds.

Sukhan also spends hours talking with and helping refugees and groups of young people. "I don't want to be glorified for my achievements. I haven't accomplished anything more than most people can if they want to," he says.

"And o-o-h," Sukhan clenches both fists and shakes them in the air, "it makes me so mad to see people waste opportunities and resources so readily available to them.

"No, it makes me sad. When a refugee finds himself in debt over the 1985 BMW he couldn't afford, or when a young teenager finds herself in jail, I get the phone calls," Sukhan shakes his head. "I can't pay their bills, and I can't change the laws, but I try to help these people learn to set their values and goals in a profitable direction.

"You know," he concludes, "I can't help but think that if everyone living in America spent one year living in an under-developed country, you wouldn't see many light bulbs burning when they weren't being used. And you'd see a lot more people achieving their goals."

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y-Dee Hospital
r. He was
usly director
aterials manage-
at Queen's
cal Center in
lulu, Hawaii
Holy Cross Hospital in Salt Lake



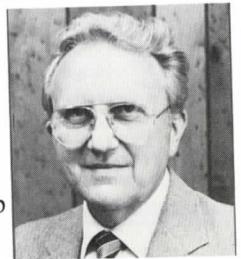
College in Salt Lake City. Joan has worked at IHC since the company was established in 1975. She originally served as executive secretary to the president.

LORRAINE COOK

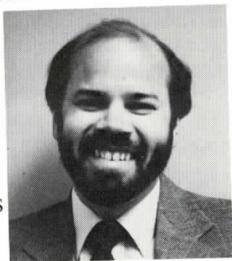
a social worker at McKay-Dee Hospital Center, has been named "Social Worker of the Year" by the Northern Utah Branch of the National Association of Social Workers. In addition to her work at the hospital, Lorraine is a member of the Weber County Nutrition Board and serves as a consultant to Hospice of Northern Utah.



BECKSTRAND
Recently
nted director
anagement
eering at Pri-
Children's
cal Center. A
ered profes-
l engineer, Bob
worked at the
porate
e for four years.



VE BERGSTROM
been named
aterials manage-
nt manager at
ocatello Regional
ical Center.
e has served in
aterials man-
ent departments
t. Anthony
munity Hospi-
and Madison Memorial Hospital in
burg, Idaho. He has also worked in
s for Intermountain Surgical Supply.



VID A. BURTON, MD

former executive
e president of
C Health Plans,
been named
e president of
earch and devel-
ment for IHC. In
s role he will help
C develop new
lth care plans
d packages of services that integrate the
ivery and finance of health care. He is



MARK R. DALLEY

director of administrative services for IHC's southern region, has been appointed interim administrator at Valley View Medical Center. Prior to joining the southern region office Mark worked as assistant administrator at Valley View for three years. He holds a BS from Southern Utah State College and a master's degree in public administration from BYU.



ROD DAVIS

has been appointed assistant administrator at McKay-Dee Hospital Center. He was formerly assistant administrator at Pocatello Regional Medical Center. He received a BBA and an MBA from Idaho State University.



PAULA EVANS, RN

has been named head nurse of the pediatric unit at Cottonwood Hospital Medical Center. She received her nursing degree from Texas Technological University in Lubbock, Texas. Most recently she worked for the Magic Valley Regional Medical Center as head nurse of the NICU, labor and delivery and post-partum areas.



GARY WM. FARNES

has been selected as the new administrator of LDS Hospital. Gary, who most recently served as executive vice president of IHC Professional Services, was associate administrator of LDS Hospital from 1977 to 1979. He spent the next three years as administrator of Cottonwood Hospital Medical Center. Gary holds a BS degree in business from Brigham Young University and an MBA from George Washington University in Washington, D.C. He completed a two-year residency in medical center administration at Johns Hopkins Hospital and School of Medicine.



BRAD FISHER

has been named director of LDS Hospital's department of materials management. Brad has been assistant director of the department for the past five years. He is a certified purchasing manager and a member of the National Association of Purchasing Managers.



was appointed
director of accounting
at Primary Children's Medical Center. He has worked at the hospital for four years, first as an accountant, then as manager of the department.



DAN O. HEINER

has been promoted to vice president of the occupational health division of IHC Professional Services. He formerly served as director of the division. Dan oversees the company's development and operation of WorkMed occupational health clinics and on-site emergency medical clinics at major construction sites.



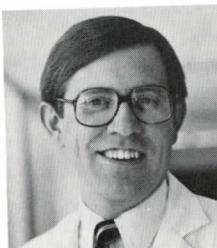
DIANE HINKLEY, RN

has been named head nurse for general surgery at Cottonwood Hospital Medical Center. She graduated from the University of Washington in Seattle, and has worked as a staff nurse in the emergency room at Cottonwood.



RUSSELL HULSE

LDS Hospital pharmacist, received the "Administrative Hospital Pharmacist of the Year Award" from the Utah Society of Hospital Pharmacists.



JOHN H. RICHINS
has been named
patient surgerist at
MCKAY-Dee Hospital
in Durango. She was
formerly director of
the emergency
department and the
McKay-Dee Clinic.

JOHN H. RICH

SUZANNE RICHINS

STANLEY PESTONICK,

1. Cysts.

GARY RASMUSSEN,

SUZANNE RICHINS has been named director of out-patient surgery at McKay-Dee Hospital. She was formerly director of the emergency department and the **McKay-Dee Clinic**. Suzanne Richins has been named executive vice president of the **HIC** (Health Plans, Inc.) and responsible for strategic development of the company. He was formerly vice president of the **McKay-Dee Clinic**.

Stern Services et al

RAG MORELY

STEVEN W. LEWIS, MD,

BRENT LAWRENCE

LORRIE LARSEN, RN, has been selected to the pediatric unit at Utah Valley Regional Medical Center. Lorrie, who currently completes a master's program in pediatric nursing at Brigham Young University, previously served as director of a nursing unit at Primary Children's Medical Center. She has worked as a nurse practitioner, an emergency room nurse and a newborn intensive care nurse.

MARY ELLEN KELLY has been appointed education coordinator at Pocatello Regional Medical Center. She was formerly LPN coordi- nator at Cassia Memorial Hospital. She has a BS degree in health care ad- ministration and an MS in mi- nisistration has joined the staff at Primary Children's Medical Center as director of the staff.

REBEA KEELE, PhD, director of the Center for Women's Health at Cottonwood Hospital, has been selected a national fellow of the W.K. Kellogg Foundation and a graduate of the Graduate Program in Child Psychology at Brigham Young University.

ROB JONES

RICHARD KNOTT

in health care ad-
ministration and an MS in nursing from
Idaho State University.



fials man-
He has
ked in
man-
at Dixie
Center
Hospital. He was formerly an
nt consultant for several southern
spitals.

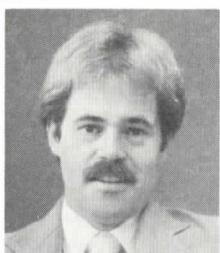


of the American College of Chest Physicians and has his boards in internal and pulmonary diseases.

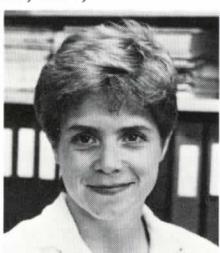
A KOERNER
named
porate per-
reirector. She
has worked in
an resources
Primary
's Medical
and as an
ational
or North-
eline. Melissa is also an instructor
izational behavior/communica-
the University of Utah. She holds
n human resource management
S in psychology, both from the
y of Utah.



LAMOREAUX
named
al care
manager at
medical
Brent joined
y staff in
kitchen
or.



ER LANGER, RN,
named
director of
at Cotton-
Hospital
Center. She
her nursing
om Brig-
ng Univer-
has worked
d nurse, a
ssurance coordinator and a staff
Cottonwood.



FAYE LINQUIST
has been named
head nurse of pedi-
atrics at McKay-Dee
Hospital Center.
She has worked on
the pediatric unit
for five years and
was previously
assistant head
nurse. She holds a
BSN from the University of Utah.



JUDY LOWE,
manager of environ-
mental services at
Alta View Hospital,
was elected presi-
dent of the Utah
Chapter of the
National Executives
Housekeeping
Association.



BRENDA LUTHER
was recently
appointed DRG
concurrent review
specialist at LDS
Hospital. She has
been a member of
the hospital's PRN
pool since 1984. She
previously worked
as a critical care
nurse at the Denver General Hospital.



EVAN McCALL
has been named
materials manager
at Dixie Medical
Center. He will
assume responsibil-
ty for overseeing
supplies and the
hospital's store-
room.



KRISTEN, she holds a master's degree in
perinatal and neonatal nursing from the
University of Utah.

DeANN NIELSEN,
telecommunications
specialist for IHC
Hospitals, was
recently elected to
the board of direc-
tors of the Utah
Telecommunications
Management Associa-
tion.



RICHARD R. PACKER,
assistant adminis-
trator of clinical
and outreach serv-
ices at Dixie Medi-
cal Center has been
named chairman of
the Governor's
Advisory Commit-
tee for Rural Health
Care. The commit-
tee assists the Utah Department of Health
in its efforts to improve the delivery of
the primary health care services in Utah's
rural communities.



H. GARY PEHRSON,
administrator of
McKay-Dee Hos-
pital Center, has
been appointed vice
president of the
northern region of
IHC Hospitals, Inc.
He will continue to
serve as McKay-Dee
administrator in
addition to fulfilling his new responsibili-
ties. Gary has been administrator at
McKay-Dee since 1980. Prior to this he
served as administrator of Alta View
Hospital and as the area administrator
for IHC in Pocatello, Idaho. Gary holds
a BS in marketing from the University of
Utah and a master's degree in public
health from the University of California
in Los Angeles.



JOHN holds a master's degree in hospital
and health administration from UCLA.
He has worked as an assistant hospital
administrator in Idaho Falls, Idaho, and
as an administrator in Afton, Wyo. He
also served as director of capital projects
for IHC.

THERESA ROSS, BS, MS,

has been named
speech therapy
manager at
Pocatello Regional
Medical Center.
Theresa received her
BS and MS degrees
from Idaho State
University and was
employed by Marsh
Valley School district. She has been a
PRMC staff therapist since 1982.



HELEN SECRIST

was promoted to
department man-
ager of the cranial
facial and pedodon-
tic residency pro-
grams at Primary
Children's Medical
Center. Helen has
18 years of experi-
ence in the hospi-
tal's dental clinic.



DAVID B. WIRTHLIN has been named vice president of IHC Hospitals, central region. Dave served as admisits- trator of LDS Hospital from 1973 to 1984. Prior to this he served as associate admis- trator of the hospital for three years. IHC Hospitals has been appointed assistant administrator of Utah Valley at the request of nursing sta- tion. For the past Center. For the past eight years Mary Ann has been assistant director of nursing for the hospital. She is a member of the State Board of Nursing. She has a master's degree in public health services from Brigham Young University. She also serves as a member at BYU.



T. STEVEN WILSON,



SKEEN WADE

executive director of Idaho Falls Consolidated Hospitals, Inc., and executive vice president of Baptist Medical Center — Montclair, in Birminigham, Ala. He holds a BBA in management from Baylor University and a master's degree in hospital administration from the University of Minnesota.



EDGARD. VUGHN



WESLEY B. THOMPSON



FRANCES SWASEY, RN,

Chuck has also worked as the director of planning and marketing at Decatur Memorial Hospital, Decatur, Ill., and as assistant director of the American Hospital Association's Denver office. He holds a BA in economics from Colorado College and a master's of science health administration from the University of Colorado Health Sciences Center.



CHARLES W. STREAMER



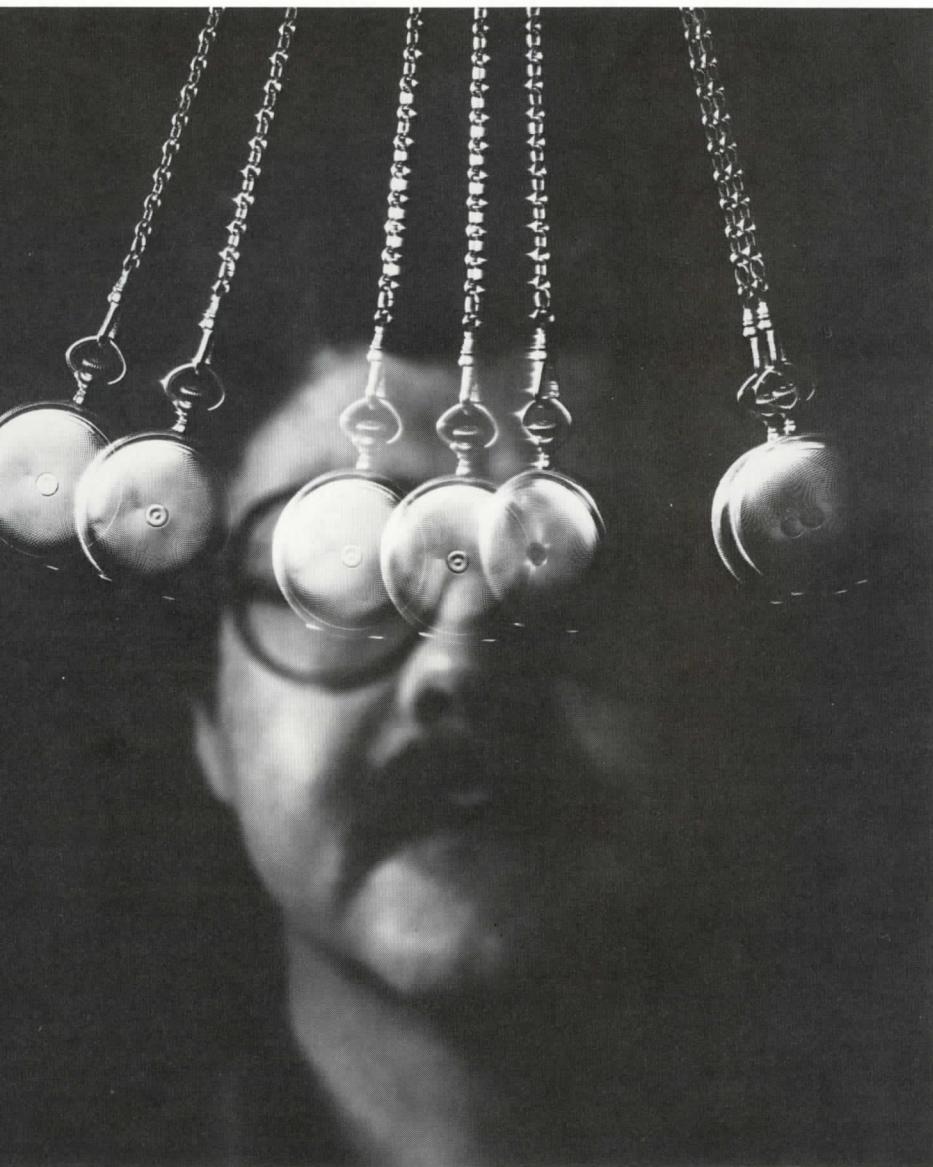
JANET STRAND

ALLAN SMITH
was appointed director of data processing at Primary Care at Allentown's Medical Center. Allan holds a degree in business administration and has worked for Elec-tronic Data Systems Corp. and as a data processing service at IHC.





ALLAN SMITH



Patients at LDS Hospital's Center for Behavioral Self-Management learn to use hypnosis to manage their pain.

ights Summer 1985

STANLEY PESTOTNIK,
LDS Hospital
pharmacist, received
the "Silaff" Pharma-



VICKI MCLELLAN, RN,
LDS Hospital
pharmacist, received
the "Silaff" Pharma-

has been appointed
associate director of
the "Silaff" Pharma-

LORRIE LARSEN, RN,
LDS Hospital
nurse, has been selected
as clinical specialist for
the new diagnosis.

BOB JONES
LDS Hospital
nurse, has been selected
as clinical specialist for
the new diagnosis.

Managing pain: clinic makes it possible

If you cut your finger, a quick visit to the doctor is usually all that's required to treat the injury.

If you break your leg, a visit to the emergency room is typically all that's necessary to treat the fracture.

But what happens when a visit to the doctor's office, emergency room or surgery suite doesn't provide relief? What treatment is available for the millions of patients who suffer from chronic pain?

"Many of these people feel angry and hopeless," explains Bill Steele, director of the LDS Hospital Center for Behavioral Self-Management. "They often come to the conclusion that there's nothing available to help them — no medication, no surgical treatment, no therapy. They've usually tried each of these and still suffer from long-term pain."

Lyn R. knows exactly what Bill is talking about. She lived for several years with increasing pain caused by a diseased bladder. Her condition was first diagnosed in 1977. A year later she underwent an operation that was supposed to relieve her discomfort.

The relief never came. A second operation was performed. This, too, failed to cure Lyn's problem. "For the next several years, I had an operation every year," she recalls. "None of them stopped the pain."

By this time, Lyn was taking a large number of pain-killing drugs daily. "But

even these didn't really help," she adds. "The pain always returned."

Lyn's frustration with her predicament began to wear on her family as well. "Not only was I in pain, but my husband began to show his frustration, too. You can only live like that for so long."

That was when Lyn first heard of LDS Hospital's Pain Clinic. She called the clinic for an initial interview where she learned about LDSH's pain management program. During this time, her medical records were collected and her paperwork was completed. She also met with the clinic's social worker and psychiatrist.

This interview stage was conducted to determine if Lyn was an appropriate candidate for the Pain Clinic. Her medical records were reviewed to determine if all medical and surgical methods for relieving the pain have been tried.

"Many of these people feel angry and hopeless," explains Bill Steele, director of the LDS Hospital Center for Behavioral Self-Management.

"Occasionally, we'll ask a patient to undergo further consultation with medical specialists associated with the clinic," adds Bill. "This is sometimes necessary for us to be certain that the Pain Clinic is the proper place for the patient to look for help."

Once accepted into the program, patients are hospitalized at LDS Hospital for 10 days. During the inpatient stage,